

# Publications List

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## **A Quick Reference Guide to the California Offices of the Family Law Facilitator**

Published by the Judicial Council of California.

## **Sacramento County Public Law Library Legal Guides**

This site has a list of books on family law and other legal topics.

## **Good Parenting Through Your Divorce: The Essential Guidebook to Helping Your Children Adjust and Thrive: Based on the National Learning Program**

*Mary Ellen Hannibal Marlowe, 2007*

This book touches on several helpful and informative topics such as how to recognize, cultivate, and respond to your child's feelings; how divorce affects your child's development; how to support your child's expressive self; the challenge of behavior and discipline; the dos and don'ts of shared parenting; understanding and managing negative reactions; guidelines for developing positive emotional habits and lastly how to manage communication with your co-parent.

## **How to Talk to your Children about Divorce.**

Jones-Soderman, Jill. Family Mediation Center Publishing Co., 2006.

## **Learning from Divorce: How to Take Responsibility, Stop the Blame, and Move On**

*La Crosse, E. Robert, and Christine A. Coates. Jossey-Bass, 2003.*

## **Making Divorce Easier on Your Child: 50 Effective Ways to Help Children Adjust**

*Nicholas Long and Rex Forehand (2002) Contemporary Books.*

## **Mom's House, Dad's House: Making Two Homes for Your Child**

*Isolina Ricci Fireside, 2006*

Guides separated, divorced, and remarried parents through the hassles and confusions of setting up a strong, working relationship with the ex-spouse in order to make two loving homes for the kids. Includes emotional and legal tools, as well as many reference materials and resources.

## **Putting Children First: A Guide for Parents Breaking Up**

*McDonough, H., and C. Bartha. University of Toronto Press, 1999.*

## **Stop! In the Name of Love for Your Children: A Guide to Healthy Divorce**

*Risa Garon Children of Separation and Divorce Center Inc., 2000*

This book deals with important issues relating to divorce including a child and family focused decisionmaking model and how professionals work with this model with both parents and children.

## **Surviving Your Divorce**

*Cochrane, M. John Wiley & Sons, 2006.*

**Talking to Children about Separation and Divorce: A Handbook for Parents**

*Risa Garon and Barbara Mandell Children of Separation and Divorce Center Inc; National Family Resiliency Center, 2005*

This book provides a roadmap through the challenges of supporting children through family change. Practical strategies in each chapter offer parents concrete suggestions for nurturing and guiding youngsters while building positive family relationships.

**The Co-Parenting Survival Guide: Letting Go of Conflict after a Difficult Divorce**

*Elizabeth Thayer and Jeffrey Zimmerman (2001) New Harbinger Publications*

**The Divorce Book: A Practical and Compassionate Guide (2nd ed.)**

*McKay, Matthew, Peter Rogers, and Joan Blades..NewHarbinger Publications, 1999.*

**The Truth About Children & Divorce: Dealing with the Emotions so You and Your Children Can Thrive**

*Robert E. Emery (2004) Viking Adult*

**What About the Children: A Guide for Divorced/Separating and Divorcing Parents**

*Jack Arbuthnot and Donald Gordon Center for Divorce Education, Athens Ohio, 2001*

A parent guide to the various aspects of separation and divorce: single parenting, long distance parenting, parenting plans and what helps children adjust.

**What About the Kids? Raising Your Children Before, During, and After Divorce**

*Judith S. Wallerstein and Sandra Blakeslee (2003) Hyperion*

**Working with Children on Divorce: A teacher's and counselor's manual for children in the middle: children's version**

*Jack Arbuthnot, and Donald A. Gordon (2005)*

Resources for educators to help both parents and children especially get through the divorce process and make it easier in terms of dealing with the divorce trauma and shock.